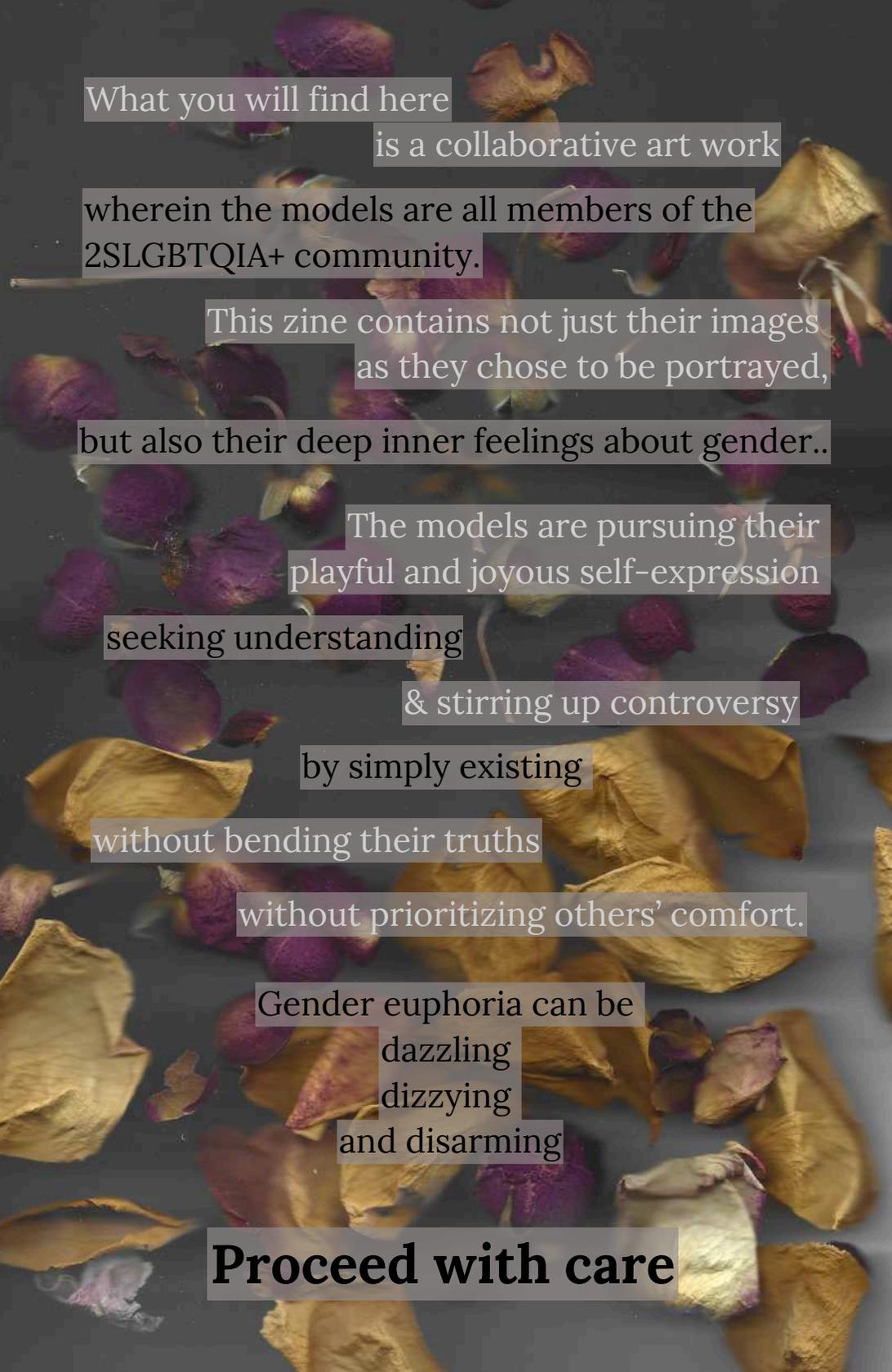




Gender  
Gender

euphoria  
euphoria



What you will find here

is a collaborative art work

wherein the models are all members of the  
2SLGBTQIA+ community.

This zine contains not just their images  
as they chose to be portrayed,

but also their deep inner feelings about gender..

The models are pursuing their  
playful and joyous self-expression

seeking understanding

& stirring up controversy

by simply existing

without bending their truths

without prioritizing others' comfort.

Gender euphoria can be

dazzling

dizzying

and disarming

**Proceed with care**

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## Share Stars

On every page, we’ve included stars: one for you and one for another person (or yourself at a later date). Pick a colour to fill in your star. When you colour a star, you’re saying “this page makes me feel seen”.

fill in with  
your colour

Let’s work together  
on mutual understanding:



Name \_\_\_\_\_



Name \_\_\_\_\_



# Gender



# Diversity



Gender refers to our social expectations.

Without knowing anything else about someone, we tend to automatically assume a bunch of unrelated things about them. Isn't that bizarre? What could be possible if we didn't assume anything?

ACCEPTANCE

MUTUAL  
UNDERSTANDING

"Gender diversity is about all the ways gendered expectations interact. Its about how femininity is not confined to females, and how masculinity is not confined to males."

□ APPRECIATING INDIVIDUALITY □

"Gender diversity allows for the development of new bonds as human beings"

FOSTERING GROWTH

INDULGING CREATIVITY

BUILDING COMMUNITY



**Diversity  
is the  
beauty of  
the  
human  
condition.**



**The colourful and varied human  
expression of oneself.**



**There are so many different gender expressions  
and experiences around the world that the  
extremities of the binaries don't capture.**

**Gender diversity in its broadest form is the celebration and recognition of the wide spectrum of gender expression.**



**I hope these celebrations will eventually demolish what has been established.**



***Infinite individual  
ways of being***



***The freedom to express yourself without judgment.***

*Leaving  
space for  
“I’m not  
sure”*

*with no  
judgment,  
only love*



In your own time, shed  
 What no longer serves  
 For once, for you,  
 the clock stops  
 And waits  
 There is no rush

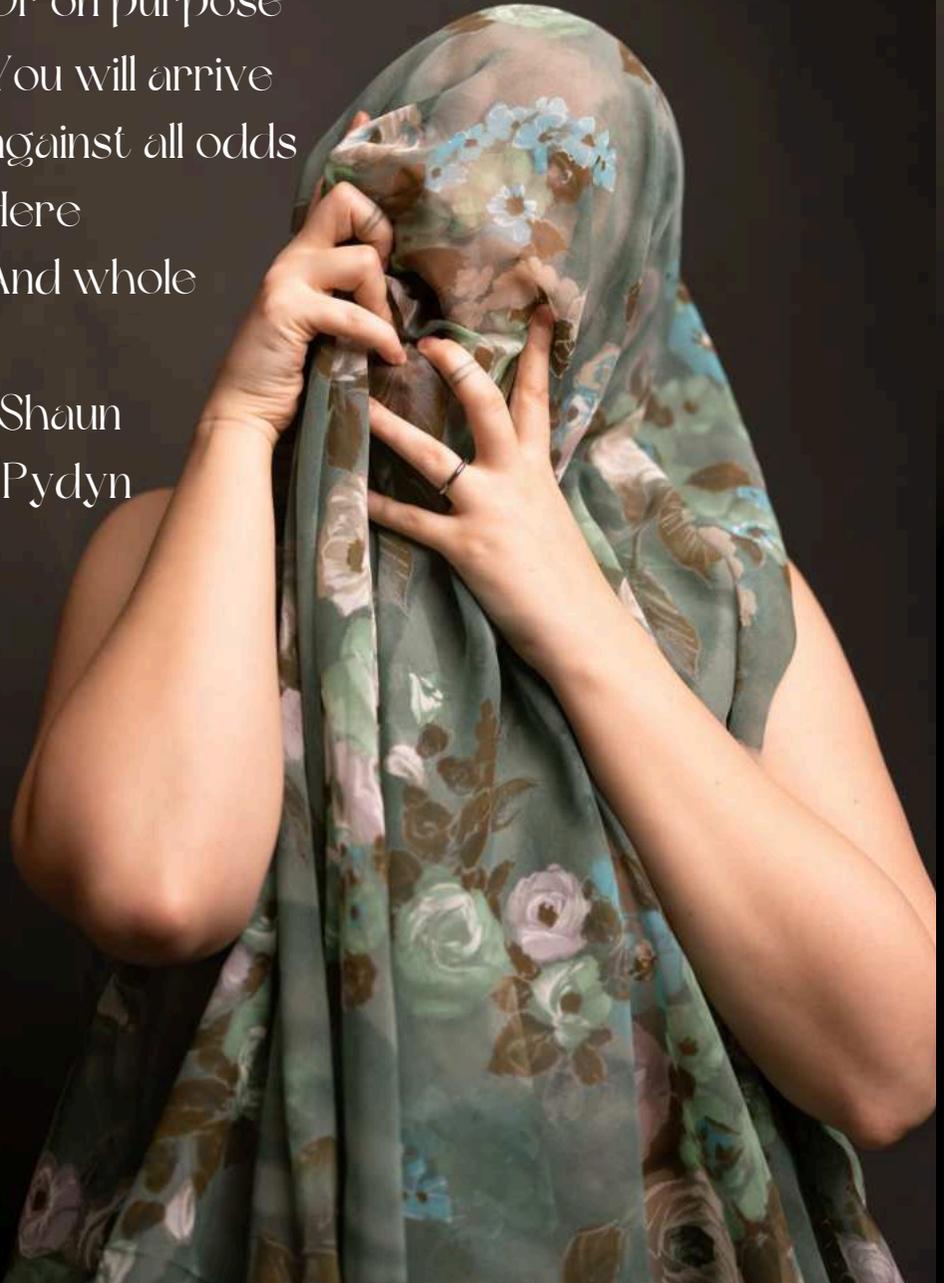
Emergence is magic  
 whether  
 Slow or fast  
 The beauty is in the way  
 we shift  
 To let it out  
 Or let it in

Unfold a vastness within  
 Make space in your ribs  
 Let the hollow  
 Somehow overflow  
 Swell in symphonies  
 Billow and rupture  
 Take rest in the formless  
 All the while whispering  
 thunder



In time, your own  
The garden tended will bloom  
Whether by accident  
Or on purpose  
You will arrive  
against all odds  
Here  
And whole

-Shaun  
Pydyn



# IDENTITIES

MAN? WOMAN?  
SOMEWHERE IN BETWEEN...  
OR NOTHING AT ALL?

I identify as

**NON**

**BINARY**



...I ebb and flow  
between the extremes  
of

**MASC**

and

**FEM**

**MAYBE THE  
GENDER BINARY IS**

**TOO RIGID**



**TO DESCRIBE  
EVERYONE IN THE**

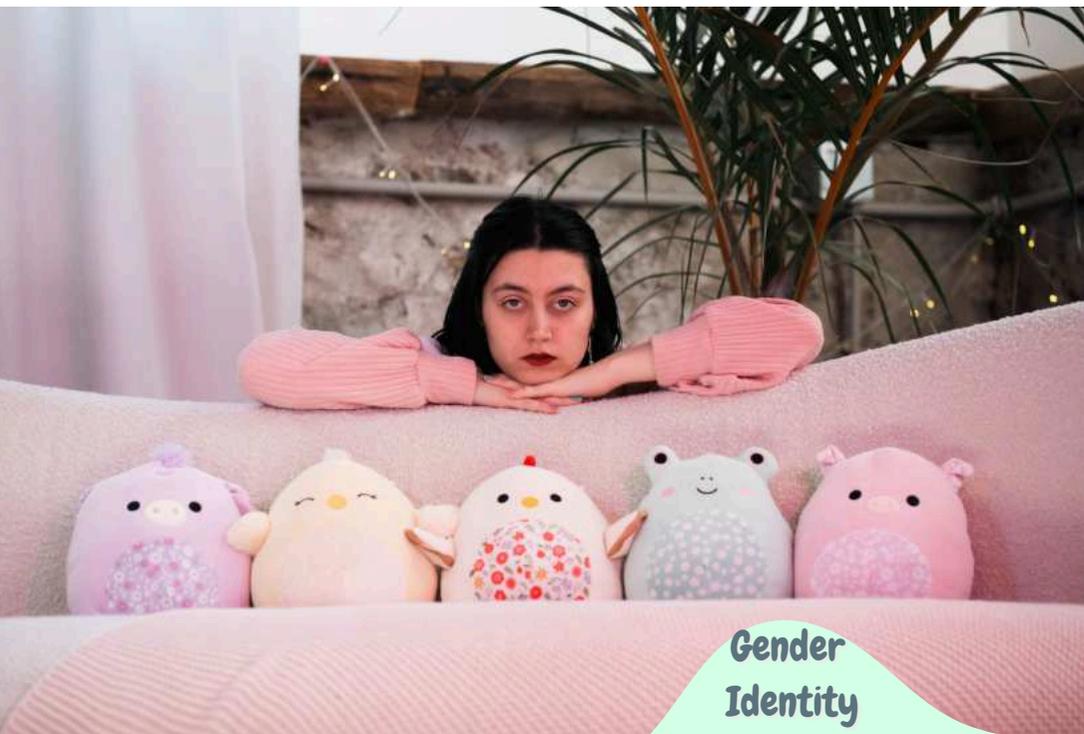
**MOO-NIVERSE**

# GENDER

# GENDER

✧ p 13 ✧

- ◆ Two-Spirit
- ◆ Non-binary
- ◆ Woman
- ◆ Man
- ◆ Multitudes, ungovernable & mysterious



## Gender Identity

Demanded I name it,  
I will give it a name.

Failing archaic lexicon  
/Schrödinger's gender\  
Un-Assigned.

Free-form, I  
will share  
what feels  
true.

## Sex assigned at birth

Before I could speak, doctors inspected my body and ticked a box. Maybe boxes aren't a great introduction to the world.

## Gender Expression

My inner being flows outwards. As I select my wardrobe, style my hair, the character you see is who I choose to be.

# Attraction

What stirs you is  
different than your  
gender.

## Romantic

These moments are so special

## Emotional

My feelings are understood

## Intellectual

Discussing these ideas enlivens me

## Physical

Shape, Beauty, Human Form

## Aesthetic

Sense of style, Adornment, Subcultures

## Sexual

Desire, urge, lustful, pleasure-seeking



# GENDER & SOCIETY

Would you ever ask a man why he has leg hair? Would you ever ask a woman why she's wearing lipstick? Probably not, because our culture set up certain expectations about people based on their perceived gender. These rules are too rigid - a lot of folks would look and act differently if they knew they'd be safe, protected and understood. People don't all fit into the gender mold, and we shouldn't force them to either.

What sorts of things would you do differently if you had no fear of betraying societal gender roles? What sorts of activities would you try? What clothes would you wear? What kinds of shows, music, or art would you like to see?



# THE BEAUTY INDUSTRY PROFITS\$

## WHEN YOU HATE YOURSELF



The Industry targeted women in what they call "The First Great Anti-Hair Movement" campaigns in the 1915's (nevermind ancient Roman, Greek and Egyptian practices). Prior to that it was normal in the West for femmes to have leg and armpit hair.



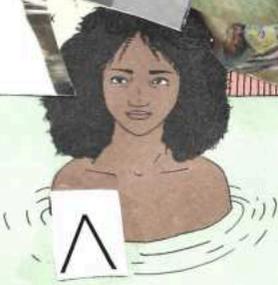
Some femme-folks have protested by dyeing their armpit hair bright neon colours.  
Bein' rebel fabulous.



Shame and humiliation tactics in ads successfully convinced people feminine hair was unclean. Just remember that the next time you get razor burn, bumps, cuts, and discomfort! Remind me why we're spending \$\$\$ on these wasteful products?

It's a strange thing to be female in a society  
Craving Communion

Three little ghostesses,  
Sitting on postesses,  
Eating buttered toastesses,  
Greasing their fistesses,  
Up to their wristesses.  
Oh, what beastesses  
To make such feastesses!





A  
**MAN**  
GOD!  
OF THE  
**WORLD**



Don't mess with big daddy

—or big daddy's hard-won females.

Retracting brows to flash  
pink eyelids,

he  
tells  
a

male

where

rival

go.

to

U S

GO HUNT YOURSELVES



He's  
deciding

He won't  
think twice

**POWER**

All free

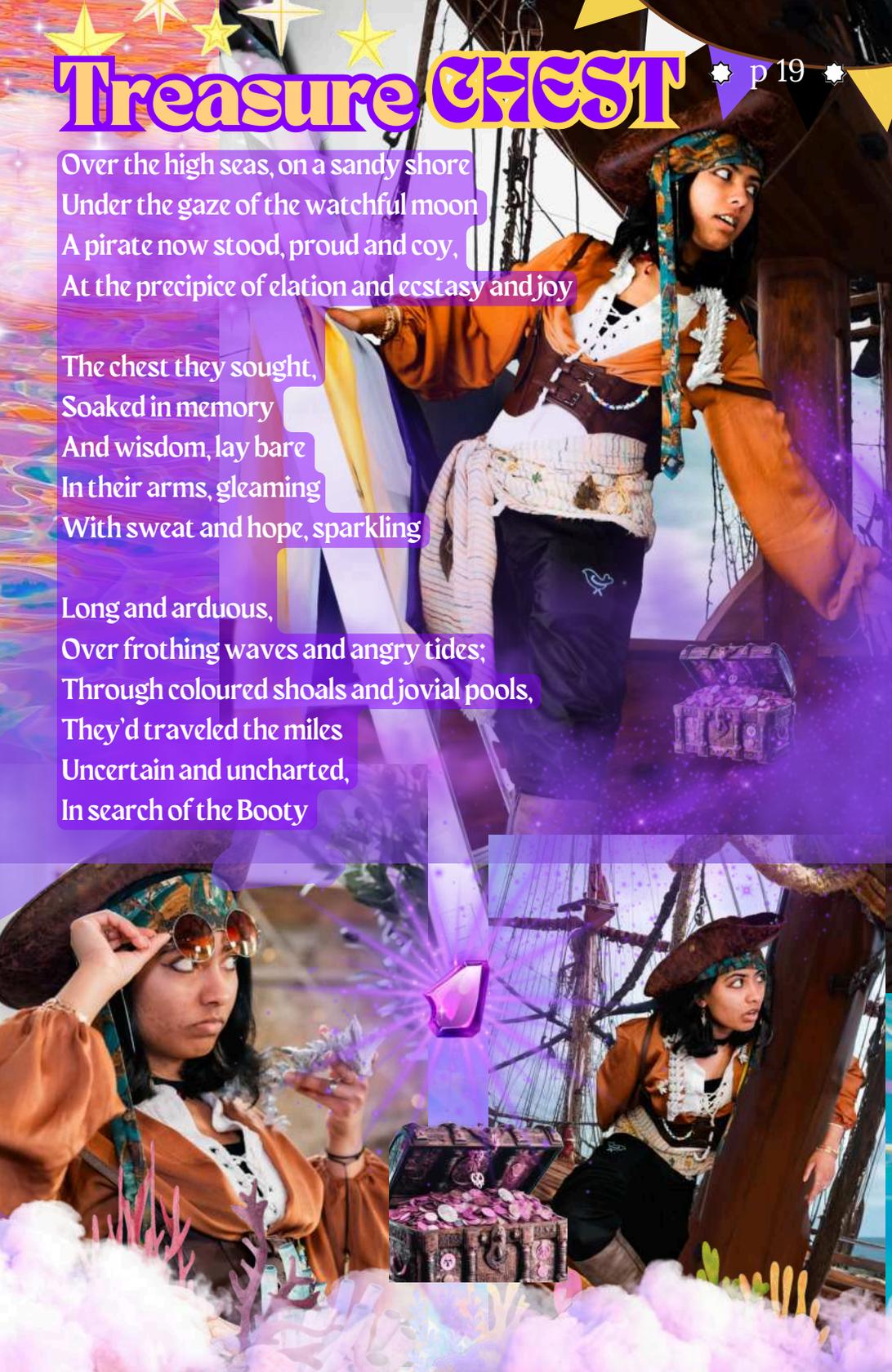
WHAT ABOUT  
RED BULL?

# Treasure CHEST

Over the high seas, on a sandy shore  
Under the gaze of the watchful moon  
A pirate now stood, proud and coy,  
At the precipice of elation and ecstasy and joy

The chest they sought,  
Soaked in memory  
And wisdom, lay bare  
In their arms, gleaming  
With sweat and hope, sparkling

Long and arduous,  
Over frothing waves and angry tides;  
Through coloured shoals and jovial pools,  
They'd traveled the miles  
Uncertain and uncharted,  
In search of the Booty





2SLGBTQIA+ community

GENDER

EUPHORIA

celebration

STORY

dignity

AUTHENTIC SELF

home

belonging

gender

heart

community

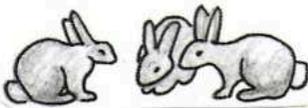
soul

LIFE

joy

connection

safety



Love

Collage by Kite

***queer***

***fuckery***

***fluid***

***spectrum***





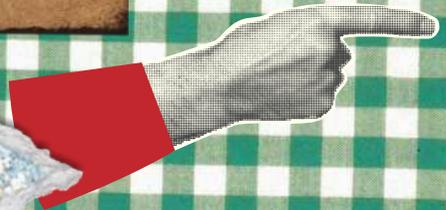
GENDER

Neutral



"WHY DO WE NEED  
GENDER NEUTRAL  
WASHROOMS?"

FLIP THE PAGE  
TO OPEN THE  
STALL DOOR



I wore my favourite outfit

✧ p 25 ✧

and I bled  
a reminder  
of my power  
to create

a transcendent life

a transcendent life

full of art  
that has the ability  
to make change  
in people's minds  
and hearts

and my heart  
will continue  
to pump blood  
through my veins  
the rivers  
of my body

my body

that flows

through liminal space

of estuaries

opening to

the ocean

the ocean

of my love

where I remember

I am already everything

that I need myself

to be

to be

in community

where I belong

inside my trans body

as I wear my favourite outfit

and bleed

by Mabe Kyle

BECAUSE ANY & ALL  
GENDERS CAN

# MENSTRUATE



# IDENTITIES

don't have to stay

## Fixed

I identified as non-binary but I don't fully feel comfortable with that term. I wish I could just be a woman, but I feel so different and disconnected from "womanhood". I wish I could be a man, but keep certain features. I've learned to really like my body, but the knowing that other people see me as a woman...

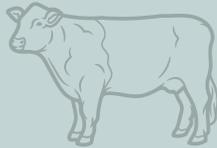
The whole  
thing is  
kind of  
confusing

**So many gender non-conforming folks identify with mysterious beings and mystical creatures.**



**Beings that are often secretive outcasts: Elves, pirates, vampires and – uh [checks notes] ...cows.**

**In what ways might gender non-conforming people have parallel experiences to each of these beings?**



**The answers reflect society's rejection of what they don't understand.**

**This is why this zine is offered as a learning tool, but moreso a celebration. Because normalizing our differences can be**

**a life saving practice.**

Want to

✧ p 29 ✧

explore

for yourself?

Here are the prompts we offered to the models of the zine. We share them here if you'd like to reflect on your own relationship with gender.

1. In as many words as you'd like, please describe what gender diversity means to you.

2. What is your relationship with gender? When you say inwardly, "I am a woman/man/genderless wizard", do any thoughts come to mind? Is it comfy, uncomfy, neutral?

3. We've all been bombarded with different notions of what it means to be a certain gender, but what gender (or non-gendered) characteristics and terms feel powerful to you?

4. Do you have familial or cultural traditions related to gender? How does this influence your unique identity?

5. Are there any parts of the traditional gender roles that actually fit and work well for you?

6. Is there a way you want to express your gender that you haven't tried yet?

# Supports in Brantford

1 - Brantford Pride | Community Group, Resources, Annual Festival | [brantfordpride@gmail.com](mailto:brantfordpride@gmail.com) | [www.brantfordpride.com](http://www.brantfordpride.com) | on Instagram

2 - PFLAG Brantford | [brantfordpflag@gmail.com](mailto:brantfordpflag@gmail.com)

3 - Six Nations Pride | Community Group, Building two spirit, LGBTQ community | Annual pride event | on Facebook

4 - The Bridge Brant | Community Resource Group promoting acceptance and inclusion | [www.thebridgebrant.com](http://www.thebridgebrant.com) | on Facebook

5 - WorQshop | Workplace trainings on 2SLGBTQ+ awareness, Virtual/In-person/consultation available | [www.worqshop.ca](http://www.worqshop.ca) | on Facebook & Instagram

6 - Laurier Students' Public Interest Research Group | Community resource group, non-profit, social and environmental justice activism | [www.lspirg.org](http://www.lspirg.org) | on Facebook & Instagram

7 - Grand River Community Health Centre | Community Health Centre, runs Gender Journey Brant & 2SLGBTQIA+ Community Connections groups | [ldoan@grchc.ca](mailto:ldoan@grchc.ca) | [www.grandriverchc.ca](http://www.grandriverchc.ca) | on Instagram

# Photographers

Instagram

@VIKIPHOTOS



## Victoria Zubiri

**PRONOUNS:** she/her

**HOBBIES:** photography, film editing, cosplay, anime, horror and zombie movies

**FAVE MEDIA:** Jojos Bizzare Adventure, Attack on Titan, American Psycho, The Shining, anything by Darren Aronofsky

**PETS:** 3 year old morkie named Olly who is way too chaotic for 9am



@VIKIPHOTOS



Instagram

@DIGI.QUINCY



## Quincy Ho

**PRONOUNS:** he/him

**HOBBIES:** Photography, poetry

**FAVE MEDIA:** Altered Carbon, One Piece, Her, Maniac

**Pets:** 2 Dogs



@DIGI.QUINCY





# EDITORS

## ANDIE

LSPIRG staff who draws inspiration from nature, wildness, honesty, queerness, weirdness, self-acceptance and Jungian psychology.

Co-envisioned & co-created Gender Euphoria with V with the intention of creating a celebratory space for genderqueer folks.

## ANDIE (SHE/HE)



## V

Takes comfort in the vastness of queerness within the realms of identity, expression, community, healing, and liberation.

Brought onto this project by Andie as a placement student with the hopes of creating an environment where folks could lean into their authenticity.

Dedicated to the folks who have celebrated the expansiveness of gender since time immemorial.

## V (THEY/THEM)



This zine is brought to you by

# LSPIRG

LAURIER STUDENTS' PUBLIC  
INTEREST RESEARCH GROUP

Laurier Students' Public Interest Research Group (LSPIRG) is a registered non-profit organization that helps to develop advocacy tools and avenues for action. Our vision is to act as a reliable support in building and sustaining movements that tear down systems of violence and replace them with equitable and just communities. We stand for anti-oppression, community care and activism.

[www.lspirg.org](http://www.lspirg.org)  
[@LaurierStudentsPIRG](https://twitter.com/LaurierStudentsPIRG)

BYE BYE.

